



The Challenge

Calling All Fitness Fanatics

We need fit and tough people that have a heart for helping others. Maybe you have been through hard times yourself and prepared to do something positive for the less fortunate. We invite you to our charity event.

How many push-ups can you do in 10 mins?

The catch is... you will be wearing The Original Volume Vest™ with +30% of your body weight in weights.

The Event

Venue :

On The Day :

Date:

Registration and Weigh-in:

Event Starts:

Organiser :

Phone :

We are limited to only 12 participants. To be sure of claiming your spot... Pre-Register today.

We supply the equipment using our highly innovative The Original Volume Vest™ the only thing we ask is you wear correct gym wear “ no vest tops or bare skin “ and bring a towel because you're going to sweat.

The Sponsorship

All participants are required to sign up for a free Just Giving account to set-up a funding page.

Just Giving have a wide range of local and national charities already registered with them, therefore raising funds could not be simpler. There are also options to raise funds for good causes which do not have registered charitable status.

JustGiving